Connecticut Healthy Living Collective

A presentation for the AgingCT Summit

OCTOBER 30, 2023

CT Healthy Living COLLECTIVE

An initiative of Connecticut Community Care

Who We Are

An Initiative of Connecticut Community Care

Who We Are

Implementer of evidence-based programming. Tai Ji Quan: Moving for Better Balance

Innovator of evidence-informed programming. LGBTQ+ Moveable Senior Center

Community-based partner. Robust senior center relationships; growing municipal relationships

Equity champion. Innovation in connecting with historically disempowered populations via Collaborative

Connector. Emerging expert in hubs, data, and health related social needs

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What We Do

Connecticut
Age Well
Collaborative

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Program and Partner Updates

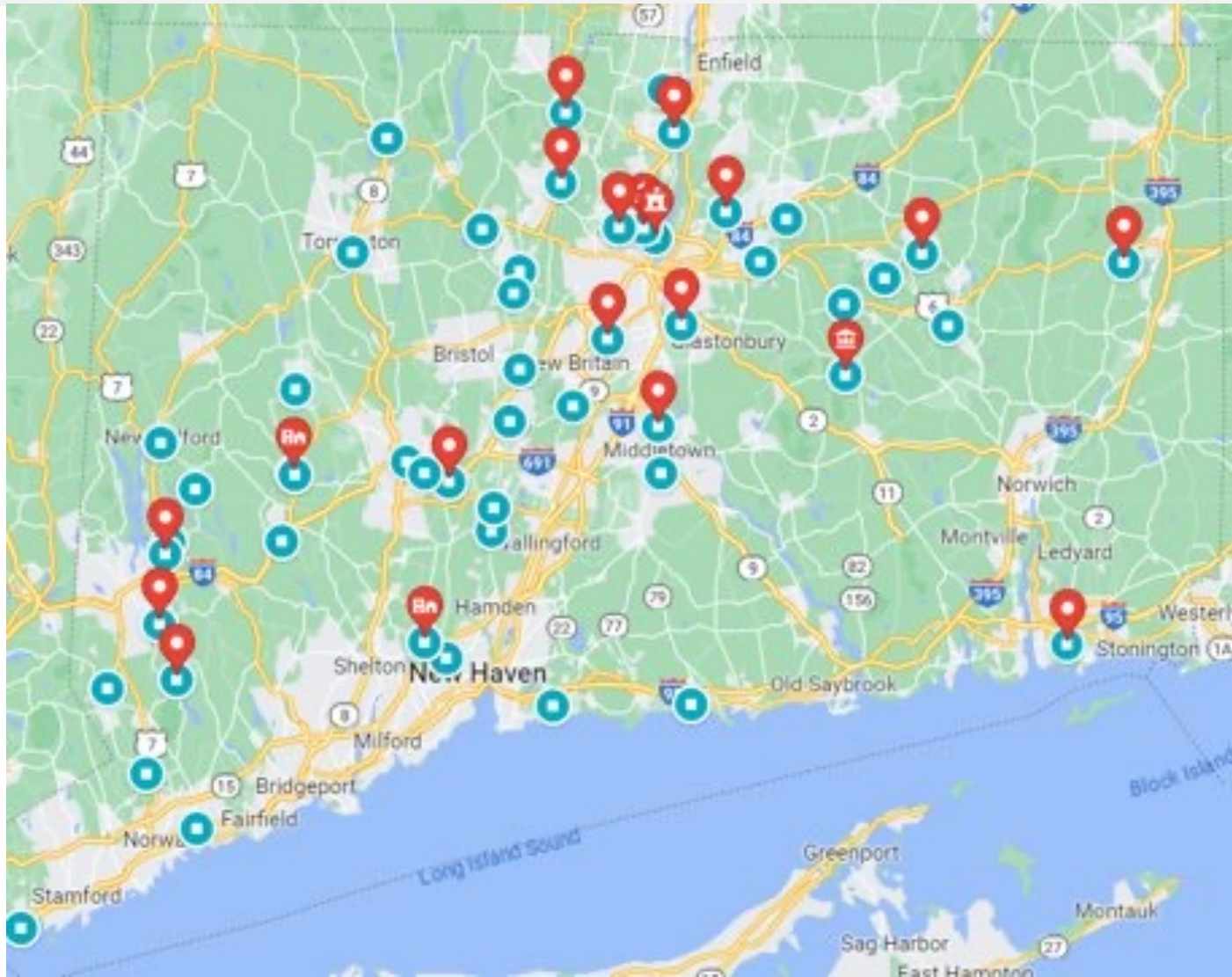
Tai Ji Quan: Moving for Better Balance

LGBTQ+ Moveable Senior Center

Aging Mastery Program

Live Well

CT Healthy Living COLLECTIVE



Program and Partner Updates

MOVEABLE SENIOR CENTER

LGBTQ+

A Program of the
CT Healthy Living Collective

MOVEABLE SENIOR CENTER
LGBT
Come Out and Connect!

Join us for an
INTERGENERATIONAL
RAINBOW
HAPPY HOUR

VIRTUAL
LGBTQIA+ History & Culture
TRIVIA

Come Out and Connect!

Join us for a fun and enlightening hour connecting younger and older LGBT adults and allies.

Thursday, Oct. 27th from 6:30 pm - 7:30 pm

A program of the CT Healthy Living COLLECTIVE

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Community Hubs

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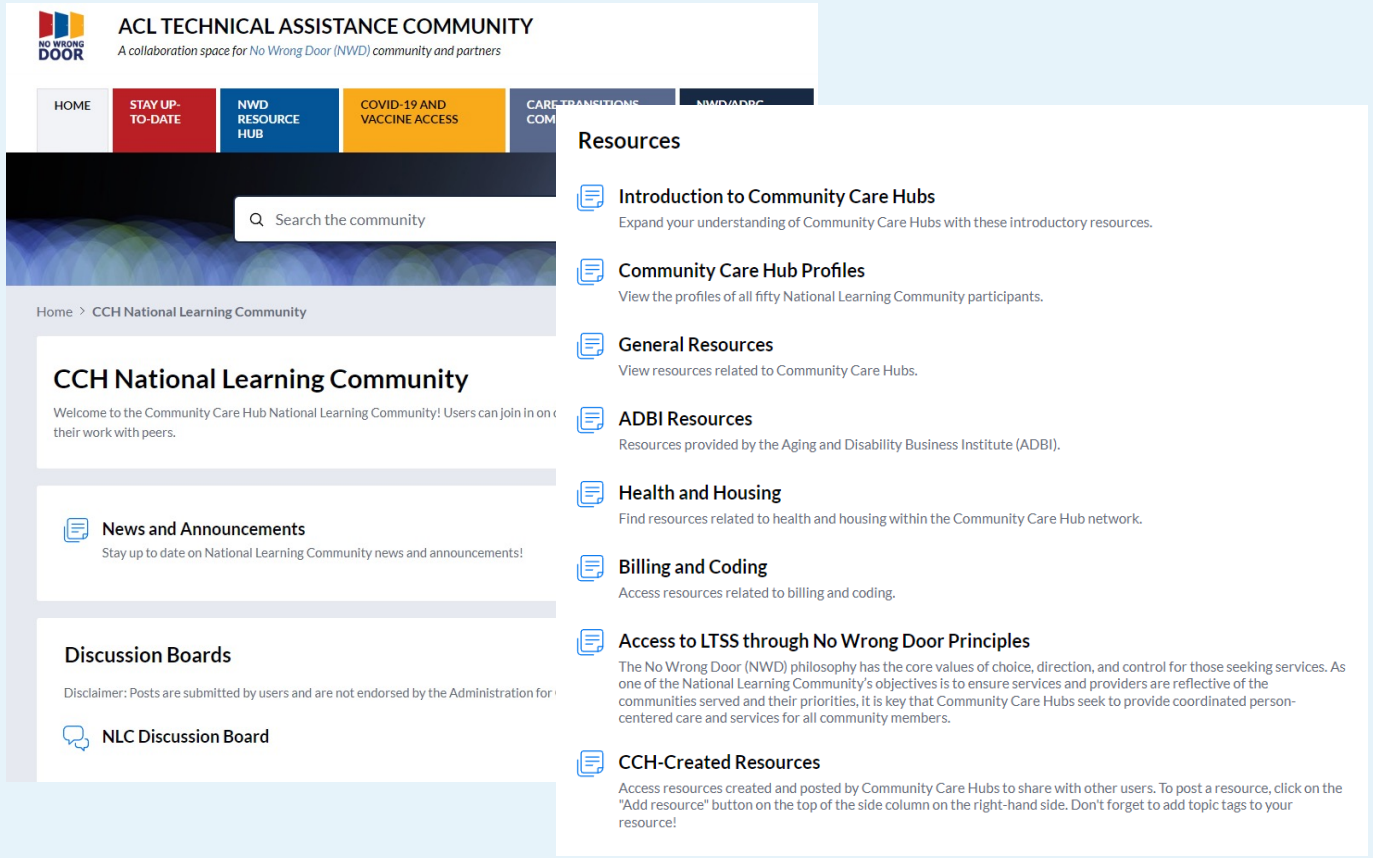
National Learning Collaborative



- 58 organizations selected to participate in ACL CCH National Learning Community
- Connecticut participation
  - Connecticut Community Care, Inc. representing Connecticut Healthy Living Collective
  - Southwestern Connecticut Agency on Aging, Inc. representing AgingCT/Network Connections
- November 2022 – summer 2023

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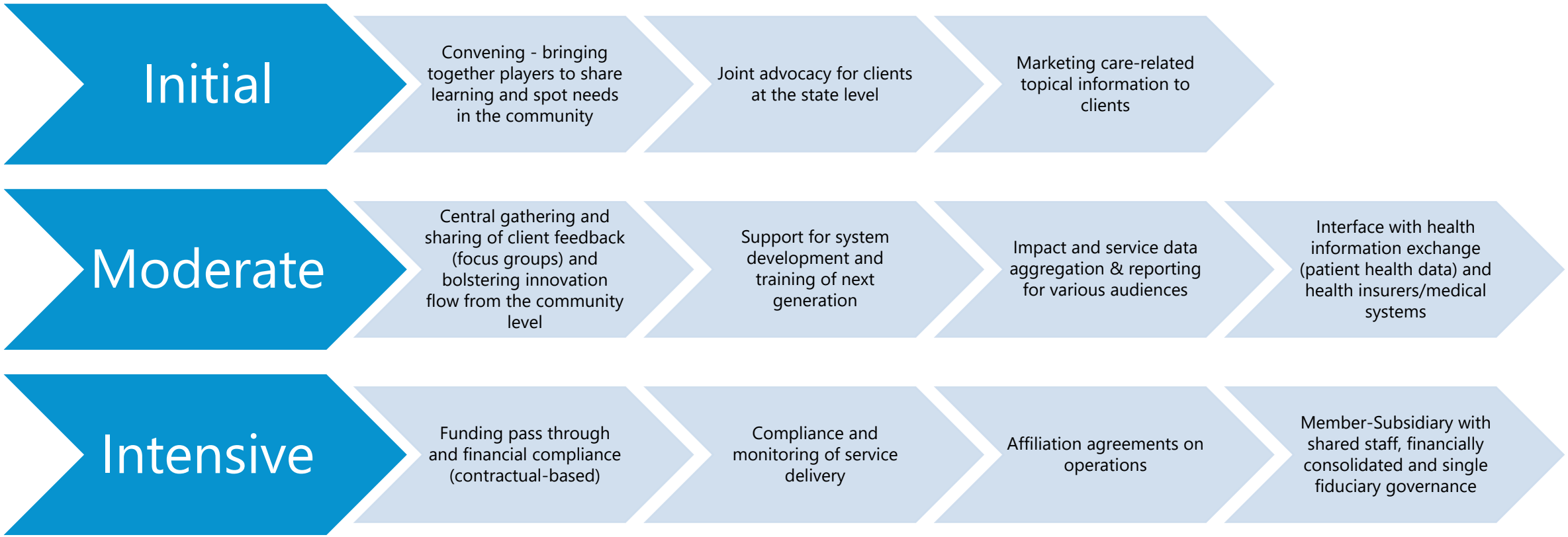
National Learning Collaborative

	Aging and Disability Resource Center (ADRC)	Community Care Hub (CCH)	Community Care Network
Definition	As defined in the Older Americans Act (OAA), an ADRC is an entity, network, or consortium established and designated by a state as part of the state system of long-term care, to provide a coordinated and integrated system for older adults, people with disabilities, and their caregivers.[1]	A Community Care Hub (CCH) is a community-centered entity that organizes and supports the Community Care Network of community-based organizations providing services to address health-related social needs. A CCH centralizes administrative functions and operational infrastructure, including, but not limited to, contracting with healthcare organizations, payment operations, management of referrals, service delivery fidelity and compliance, technology, information security, data collection, and reporting. A CCH has trusted relationships with and understands the capacities of local community-based and healthcare organizations and fosters cross-sector collaborations that practice community governance with authentic local voices.	A Community Care Network is a group of community-based organizations organized by a community care hub to deliver services to the community.

Community Care Hub Roles

- Oversees community-based organizations (CBOs)
- Contracts with healthcare organizations
- Handles service delivery fidelity and compliance
- Controls network performance and management of referrals
- Brokers agreements between the hub and public/private funding sources
- Centralizes management of technology, information security, data collection, and reporting
- Central point for payment operations
- Provides financial oversight of pricing and cost management
- Centralizes administrative functions and operational infrastructure
- Manages network development and support including monitoring and managing performance, and vetting (of CBOs)

Spectrum of Hub Activities



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Discussion: Evidence-Based vs. Evidence-Informed

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Evidence and Equity

"Evidence-based practice holds promise for promoting health equity when effective practices can be focused within populations at greatest risk. That particular promise, however, is not being fully realized because evidence is lacking for populations most at risk."

--Evidence and Equity: Challenges for Research Design

https://www.acf.hhs.gov/sites/default/files/documents/opre/whitesell_opre_brief_clean_508.pdf

"If current research disparities continue, underrepresented communities are at risk of being left behind in the push for evidence-based practice."

Connecticut Age Well Collaborative

Anyone who has never made a mistake has never tried anything new.

ALBERT EINSTEIN

Connecticut **Age Well** Collaborative

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