

**by Ashton
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**STILL KICKING -
Confronting Ageism
and Ableism in the
Pandemic's Wake**

**THIS
CHAIR
ROCKS
.COM**

INTERSECTIONALITY:

a theory developed by Kimberlé Crenshaw and other Black feminists that describes how different forms of oppression compound and reinforce each other

AGEISM:

**discrimination and prejudice
on the basis of age**

ABLEISM:

**discrimination and prejudice
against people with
cognitive and/or physical
disabilities**

Why is it important to distinguish between ageism and ableism?



Because we need to understand what we're up against.

**Everyone is ageist
and everyone is ableist.**

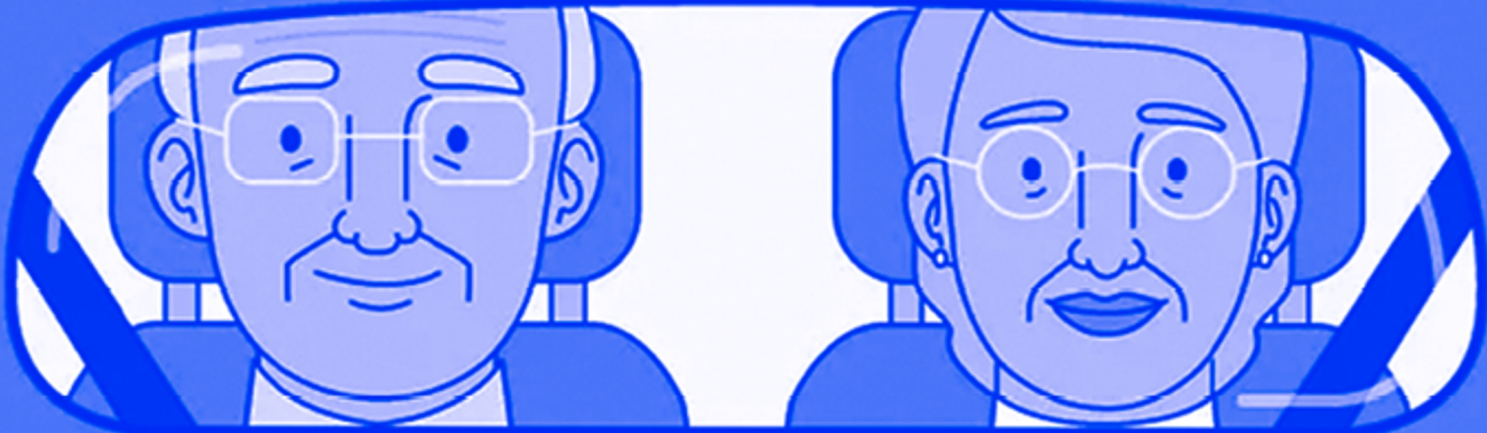
No judgment.

**It's easier to learn than to
unlearn, especially when
it comes to values.**

**The critical
starting point is to
acknowledge our
own prejudices.**



Federal law requires these seats be made available to seniors and persons with disabilities.



**TRANSPORTATION FOR
OLDER PEOPLE & DISABLED DRIVERS**



ELDERLY PASSENGER UNDER 5 YEARS OLD DISABLE PASSENGER PREGNANT WOMAN WOMAN WITH INFANT

Priority seat



Priority Seating
for customers with disabilities and seniors



**DISABLED
OR
ELDERLY**

**Disability and aging
are not the same.**

**But we act as though
old people don't become
disabled and disabled
people don't grow old.**

**When we ignore the
overlap between ageism
and ableism...**

**we rule out collective
advocacy and reinforce
dual stigma.**

What are some other ways ageism and ableism affect us?

They:

- segregate us**
- pit us against each other**
- create barriers to employment**
 - harm our health**
 - shorten our lives**

**Age and disability are
not the problem.**

**The problem is
discrimination.**

We are not broken.

We are not special.

We are not lesser.

**We are
perfect.**

**Prejudice isn't about
how our bodies work or
what they look like.**

**It's about what people in
power want those things
to mean.**

Disability is an identity, not a defect.

If you wake up in the morning, you're aging successfully.

**Disability communities
cultivate joy.**

**No one actually
wants to go back to
their youth.**

**There are
no binaries:
old/young, im/mobile,
dis/abled, in/dependent.**

**From birth to
death, we are
*interdependent.***

**“There’s no such
thing as a single-issue
struggle because we
don’t lead single-issue
lives.”**

**— poet and activist
AUDRE LORDE**

If we want a more equitable world,

**we have to support every
struggle for equal rights.**

**Imagine the
movement-
building
potential!**

**Sixteen percent of the world's
population has a disability.**

**Half of us are no
longer young.**



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