# WHOM DOES THIS PROGRAM SERVE?

**An adult caregiver** caring for a family member 60 years of age or older. \*

A grandparent or other relative caregiver who is 55 or older caring for a child 18 years of age or under. \*\*

\* Care recipients younger than age 60 are not covered by this program.

\*\* Grandchildren 19 years of age or older are not covered by this program.

Connecticut's National Family Caregiver Support Program is designed to supplement the assistance family members provide to an elder or to a grandchild by providing supplemental services and/or respite care to those with the greatest social and economic needs.

Note: Please contact your local Area Agency on Aging for specific details about the financial and functional priorities for this program.

# NOT ALL SERVICES ARE AVAILABLE IN EACH REGION

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#### Area Agency Service Areas:

Senior Resources serves: Ashford, Bozrah, Brooklyn, Canterbury, Chaplin, Chester, Clinton, Colchester, Columbia, Coventry, Cromwell, Deep River, Durham, Eastford, East Haddam, East Hampton, East Lyme, Essex, Franklin, Griswold, Groton, Haddam, Hampton, Killingly, Killingworth, Lebanon, Lisbon, Lyme, Mansfield, Middlefield, Middletown, Montville, New London, North Stonington, Norwich, Old Lyme, Old Saybrook, Plainfield, Pomfret, Portland, Preston, Putnam, Salem, Scotland, Sprague, Sterling, Stonington, Thompson, Union, Voluntown, Waterford, Westbrook, Willington, Windham, and Woodstock.

North Central CT serves: Andover, Avon, Berlin, Bloomfield, Bolton, Bristol., Burlington, Canton, East Granby, East Hartford, East Windsor, Ellington, Enfield, Farmington, Glastonbury, Granby, Hartford, Hartland, Hebron, Manchester, Marlborough, New Britain, Newington, Plainville, Plymouth, Rocky Hill, Simsbury,Somers, Southington,South Windsor, Stafford, Suffield, Tolland, Vernon, West Hartford, Wethersfield, Windsor, and Windsor Locks.

**South Central CT serves:** Ansonia, Bethany, Branford, Derby, East Haven, Guilford, Hamden, Madison, Meriden, Milford, New Haven, North Branford, North Haven, Orange, Oxford, Seymour, Shelton, Wallingford, West Haven, and Woodbridge,

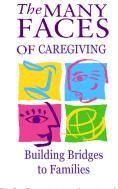
**Southwestern CT serves:** Bridgeport, Darien, Easton, Fairfield, Greenwich, Monroe, New Canaan, Norwalk, Stamford, Stratford, Trumbull, Weston, Westport, and Wilton.

Western CT serves: Barkhamsted, Beacon Falls, Bethel, Bethlehem,Bridgewater, Brookfield,Canaan, Cheshire, Colebrook, Cornwall, Danbury, Goshen, Harwinton, Kent, Litchfield, Middlebury, Morris, Naugatuck, New Fairfield, New Hartford, New Milford, Newtown, Norfolk, North Canaan, Prospect, Redding, Ridgefield, Roxbury, Salisbury, Sharon, Sherman, Southbury,Thomaston,Torrington,Warren, Washington, Waterbury, Watertown, Winchester, Wolcott, and Woodbury.

# Connecticut's National Family Caregiver Support Program

Provides Services To Caregivers Including:

- Family members caring for relatives aged 60 and older, and
- Grandparents or older relatives caring for children 18 years of age or under.





# WHAT SERVICES DOES THE CAREGIVER SUPPORT PROGRAM OFFER?

**Information:** Providing information to caregivers about available resources;

**Assistance:** Linking caregivers to available services (i.e. support groups);

**Individual Counseling:** Assisting caregivers in making decisions and solving problems relating to their caregiving roles;

### **Caregiver Training**

**Respite Care\*:** Providing caregivers a temporary break from their caregiving responsibilities - such as Adult Day Care and Child Day Care;

**Supplemental Services\*:** Items or services designed to help "fill the gap" when there is a need or there are no other ways to obtain the service or item.

Each caregiver's needs are individually determined after an in-depth assessment conducted by a member of the Family Caregiver Support Team.

### \* On a Limited Basis

## WHO PAYS FOR THE CAREGIVER SUPPORT PROGRAM?

Connecticut's National Family Caregiver Support Program is funded by Title IIIE funds under an amendment to the Federal Older Americans Act. It is operated in partnership with the State of Connecticut Department of Social Services, Aging Services Division and the five Connecticut Area Agencies on Aging.

There is a suggested donation from families who have income greater than the federal poverty level. The contribution is a portion of the cost of the services received.

# WHAT ARE THE AGING RESOURCE CENTERS?

The Caregiver Program is administered in each regional Area Agency on Aging in Connecticut. Each agency has developed an Aging Resource Center which offers materials on aging issues such as books and videos for caregivers, students and professionals. Please contact your local Area Agency on Aging for more information and the hours of operation.

Connecticut's Area Agencies on Aging are private nonprofit organizations which serve the needs of older persons as a focal point and resource center for information, program development and advocacy.

## YOUR REGIONAL AREA AGENCY ON AGING

To reach the agency nearest you call toll-free in-state: **1-800-994-9422.** You may also call outside your region or visit an agency website:

#### Senior Resources/Agency on Aging

4 Broadway, 3<sup>rd</sup> fl., Norwich, CT 06360 (860) 887-3561 www.seniorresourcesec.org

### North Central Area Agency on Aging

Two Hartford Square West, Suite 101 Hartford, CT 06106 (860) 724-6443 www.ncaaact.org

### South Central CT Agency on Aging

One Long Wharf Drive New Haven, CT 06511 (203) 785-8533 www.agencyonaging-scc.org

#### Southwestern CT Agency on Aging

10 Middle Street, Bridgeport, CT 06604 (203) 333-9288 www.swcaa.org

## Western CT Area Agency on Aging

84 Progress Lane, Waterbury, CT 06705 (203) 757-5449 <u>www.wcaaa.org</u>